

**How Teen Talk meets the
California Health Education Content Standards
(approved 3/12/08)**

**High School
Growth, Development, and Sexual Health**

Standard 1: Essential Concepts

HS.1.G.1	Describe physical, social, and emotional changes associated with being a young adult. Teen Talk activity: Values game, “Female and Male Reproductive System” worksheets, Written All Over My Face and Pin the Part on the Pelvis
HS.1.G.2	Explain how conception occurs, the stages of pregnancy, and responsibilities of parenting. Teen Talk activity: Anatomy Lecture, Teen Parent Panel, What Would I Do?
HS.1.G.3	Discuss the characteristics of healthy relationships, dating, committed relationships, and marriage.¹ Teen Talk activity: Healthy and Unhealthy Relationships, Relationship Qualities, Is This Really Love?, Let’s Talk About Sex, To Have Sex or Not, Dear Dr. Alex, DVD: “Choose Respect,” “Toothpaste”
HS.1.G.4	Identify why abstinence is the most effective method for the prevention of HIV/STDs and pregnancy.² Teen Talk activity: Birth Control Stations, Birth Control Review
HS.1.G.5	Summarize fertilization, fetal development, and childbirth. Teen Talk activity: Anatomy Lecture, “Female and Male Reproductive System” worksheets, Teen Parent Panel, Match Up, Pin the Part on the Pelvis
HS.1.G.6	Examine responsible prenatal/perinatal care and parenting, including California’s Safe Haven law.³ Teen Talk activity: Pregnancy Options, Teen Parent Panel, Youth Reproductive Health Services list, San Mateo County Resource list
HS.1.G.7	Describe the short- and long-term effects of HIV/AIDS/STDs.⁴ Teen Talk activity: STD Jeopardy, STD Brainstorm, DVD “Bloodlines,”

¹ EC sections 51933(b)(7), (b)(11), 51934(b)(6)

² EC sections 51933(b)(8), 51934(b)(3)

³ EC Section 51933(b)(12)

	“9Things You Need to Know,” “Think HIV-This is Me,” “Reflections”
HS.1.G.8	Analyze the rates of sexually transmitted diseases (STDs) among teens. Teen Talk activity: STD Jeopardy, STD Brainstorm, DVD: “Bloodlines,” “9Things You Need to Know,” “Think HIV-This is Me,” “Reflections”
HS.1.G.9	Explain laws related to sexual behavior and involvement of minors. Teen Talk activity: Ground Rules
HS.1.G.10	Recognize that there are individual differences in growth and development, body image, gender roles, and sexual orientation.⁵ Teen Talk activity: Values Game, Anatomy Lecture, Sexuality and Discrimination Awareness, Dear Dr. Alex
HS.1.G.11	Evaluate the benefits to mother, father, and child of teenagers waiting until adulthood to become parents. Teen Talk activity: Teen Parent Panel, Pregnancy Options
HS.1.G.12	Evaluate and compare the effectiveness, safety, success, and failure rates of condoms and all FDA-approved contraceptives for preventing pregnancy and HIV/STDs.⁶ Teen Talk activity: Birth Control Stations, Birth Control Commercials, Condom Demonstration, What’s My Method, “Understanding Birth Control” Homework, Birth Control Review
<i>Standard 2: Analyzing Influences</i>	
HS.2.G.13	Determine personal, family, school, and community factors that can help reduce the risk of engaging in sexual activity. Teen Talk activity: Values Game, Myths and Facts About Going to a Clinic, I’ve Got a Few Questions, San Mateo County Resource List, To Have Sex or Not
HS.2.G.14	Evaluate how growth and development, relationships, and sexual behaviors are affected by internal and external influences. Teen Talk activity: Values, What Would You Say?, STD Jeopardy, David and Michelle, HIV Letter
HS.2.G.15	Examine the discrepancy between actual and perceived social norms

⁴ EC Section 51934(b)(1), (b)(4)

⁵ EC Section 51930(b)(2)

⁶ EC sections 51933(b)(10), 51934(b)(3)

	<p>related to teen sexual involvement. Teen Talk activity: Question Box, Sexuality and Discrimination Awareness, Birth Control Review, Relationship Qualities, What Would You Say?</p>
HS.2.G.16	<p>Assess situations that could lead to pressure for sexual activity and the risk of HIV/STDs and pregnancy.⁷ Teen Talk activity: What Would You Say?, DVD: “Think HIV: This Is Me,” “Reflections,” “Toothpaste,” “Choose Repect”</p>
HS.2.G.17	<p>Evaluate how culture, media, and other people influence our perceptions about body image, gender roles, sexuality, attractiveness, relationships, and sexual orientation.⁸</p> <p>Teen Talk activity: Values Game, Anatomy Lecture, Sexuality and Discrimination Awareness</p>
Standard 3: Accessing Valid Information	
HS.3.G.18	<p>Analyze the validity of health information, products, and services for reproductive and sexual health.⁹ Teen Talk activity: Myths and Facts About Going to a Clinic, Birth Control Review, Visit/Call a Clinic, STD Jeopardy, Pregnancy Options, San Mateo County Resource List, Reproductive Health Services List</p>
HS.3.G.19	<p>Identify local resources for reproductive and sexual health, including all FDA-approved contraceptives, HIV/STD testing, and medical care.¹⁰ Teen Talk activity: Birth Control Stations, Birth Control Review, Birth Control Commercials, Clinics List, San Mateo County Resource List</p>
HS.3.G.20	<p>Compare the success and failure rates of condoms and all FDA-approved contraceptives in preventing pregnancy and HIV/STDs.¹¹ Teen Talk activity: Birth Control Stations, Birth Control Review, Birth Control Commercials, Condom Demonstration</p>
HS.3.G.21	<p>Evaluate laws related to sexual involvement with minors. Teen Talk activity: Ground Rules, David & Michelle’s Story</p>
Standard 4: Interpersonal Communication	

⁷ EC sections 51933(b)(11), 51934(b)(6)

⁸ EC Section 51930(b)(2)

⁹ EC sections 51931(f), 51933(b)(11), 51934(b)

¹⁰ EC sections 51933(b)(10), 51934(b)(3), (b)(5)

¹¹ EC sections 51933(b)(10), 51934(b)(3)

HS.4.G.22	Analyze how interpersonal communication affects relationships. Teen Talk activity: What Would You Say?, Relationship Qualities, Let's Talk About Sex, DVD: "Choose Respect."
HS.4.G.23	Use effective verbal and nonverbal communication skills to prevent sexual involvement, pregnancy, and HIV/STDs. Teen Talk activity: What Would You Say?, Relationship Qualities, Let's Talk About Sex, DVD: "Is This Really Love?"
HS.4.G.24	Demonstrate effective communication skills within healthy dating relationships. Teen Talk activity: What Would You Say?, Relationship Qualities, Let's Talk About Sex, DVD: "Is This Really Love?"
Standard 5: Decision Making	
HS.5.G.25	Use a decision-making process to evaluate the physical, emotional, and social benefits of abstinence, monogamy, and the avoidance of multiple sexual partners. ¹² Teen Talk activity: Relationship Qualities, Birth Control Review/Stations/Commercials, STD Brainstorm, Relationship Qualities, Let's Talk About Sex
HS.5.G.26	Use a decision-making process to examine barriers to making healthy decisions about relationships and sexual health. ¹³ Teen Talk activity: Relationship Qualities, Let's Talk About Sex, Youth Reproductive Health Services list, What Would You Say?, DVD: "Choose Respect"
HS.5.G.27	Use a decision-making process to analyze when it is necessary to seek help and/or leave an unhealthy situation. ¹⁴ Teen Talk activity: David and Michelle's Story, San Mateo County Resource List, What Would You Say?
HS.5.G.28	Evaluate the risks and consequences associated with sexual activities, including HIV/STDs and pregnancy. ¹⁵ Teen Talk activity: Birth Control Review/Stations/Commercials, STD Brainstorm, STD Jeopardy, Teen Parent Panel, DVD: "Reflections," "Toothpaste," "9Things You Need to Know," "Think HIV: This is Me"

¹² EC Section 51934(b)(3), (b)(6)

¹³ EC Section 51933(b)(11)

¹⁴ EC sections 51933(b)(11), 51934(b)(6)

¹⁵ EC sections 51933(b)(9), (b)(10), 51934(b)(1), (b)(2), (b)(3)

HS.5.G.29	Use a decision-making process to analyze the benefits of respecting individual differences in growth and development, body image, gender roles, and sexual orientation. ¹⁶ Teen Talk activity: What are My Values?, Sexuality and Discrimination Awareness
HS.5.G.30	Use a decision-making process to evaluate the social, emotional, physical, and economic impact of teen pregnancy on the child, the teen parent, the family, and society. ¹⁷ Teen Talk activity: Teen Parent Panel, Birth Control: What Would I Do?
HS.5.G.31	Use a decision-making process to evaluate using FDA-approved contraception and condoms for pregnancy and STD prevention. Teen Talk activity: Youth Reproductive Health Services worksheet, Birth Control Review, STD Brainstorm, STD Jeopardy
Standard 6: Goal Setting	
HS.6.G.32	Evaluate how HIV/AIDS/STDs and/or pregnancy could impact life goals. ¹⁸ Teen Talk activity: STD Brainstorm, What Would I Do?, Teen Parent Panel, DVD: “Think HIV: This is Me,” “Reflections,” “Bloodlines”
HS.6.G.33	Identify short- and long-term goals related to abstinence and maintaining reproductive and sexual health, including using FDA- approved contraception and condoms for pregnancy and STD prevention. ¹⁹ Teen Talk activity: Youth Reproductive Health Services worksheet, Birth Control Review, Birth Control Commercials, Birth Control Stations, To Have Sex or Not
Standard 7: Practicing Health-Enhancing Behaviors	
HS.7.G.34	Examine personal actions that can be taken to protect reproductive and sexual health, including one’s ability to deliver a healthy baby in adulthood. Teen Talk activity: What Would You Say?, Values Game, Youth Reproductive Health Services worksheet, Myths and Facts about Going to a Clinic, To Have Sex or Not.
Standard 8: Health Promotion	

¹⁶ EC Section 51930(b)(2)

¹⁷ EC sections 51933(b)(11), 51934 (b)(6)

¹⁸ EC Section 51933(b)(11)

¹⁹ EC sections 51933(b)(8), (b)(10), 51934(b)(3)

HS.8.G.35	Encourage and support safe, respectful, and responsible relationships. Teen Talk activity: What Would You Say?, To Have Sex or Not, Relationship Qualities, Let's Talk About Sex, Is This Really Love?
HS.8.G.36	Advocate for respect and dignity of persons living with HIV/AIDS. ²⁰ Teen Talk activity: HIV Letter, Sexuality and Discrimination Awareness, STD Brainstorm, STD Jeopardy, DVD: "Think HIV: This is Me," "Reflections," "Bloodlines"
HS.8.G.37	Support others in making positive and healthful choices about sexual behavior. ²¹ Teen Talk activity: HIV Letter, STD Jeopardy, Values Game, Myths and Facts and Going to a Clinic, To Have Sex or Not, Dear Dr. Alex, Is this Really Love?, Let's Talk About Sex, Relationship Qualities

²⁰ EC Section 51934(b)(7)

²¹ EC Section 51934(b)(7)